



READY, SET, GROW! Veggie Optimization

Once you set your mind to growing your own vegetables, the next planning item on the agenda is to decide *what* to grow. While the type of produce will sometimes depend on geographic location, climate and season, there are a handful of fairly fail proof vegetables that will thrive almost anywhere. The chart below will help you in choosing your veggies based on what kind of garden you have.

Vegetable Best For...	Large Backyard Plot	Small Backyard Plot	Potted Containers	Rooftop	Community Garden	School Garden
Arugula	X	X	X	X	X	X
Asparagus	X				X	X
Broccoli	X	X	X	X	X	X
Cucumbers	X	X	X	X	X	X
Edamame	X	X	X	X	X	X
Eggplant	X	X	X	X	X	X
Green Beans	X	X	X	X	X	X
Herbs	X	X	X	X	X	X
Kale	X	X	X	X	X	X
Lettuce	X	X	X	X	X	X
Peas	X	X	X	X	X	X
Peppers	X	X	X	X	X	X
Potatoes	X		X	X	X	X
Radish	X	X	X	X	X	X
Spinach	X	X	X	X	X	X
Swiss Chard	X	X	X	X	X	X
Tomatoes	X	X	X	X	X	X
Winter Squash	X			X	X	X